

Practical Guidance: Personal Safety Inside a Building During a Drone Attack



Guidance for staff inside a health facility, health workers at home, and anyone who has sought shelter inside a building

Do's	Don'ts
Ideally, find a room that provides two solid walls between yourself and the outside.	Don't look out of the window.
Sturdy furniture, such as tables or beds, can be used to form improvised shrapnel barriers to shelter behind.	Stay a way from windows or wooden doors that may shatter.
If they are available, sleeping mats with metal cores will provide an individual with limited protection from drones fitted with thermal cameras.	Blankets do not provide effective cover to individuals during drone attacks.
Keep away from windows, but if it is safe to do so, close curtains and shutters, or add barriers.	Don't position yourself near windows or other openings to the outside.
If a space is regularly used to shelter people, cover windows with blast film or duct tape to reduce the risk from flying glass.	Don't hide close to windows that may shatter, even if they have been covered by blast film or duct tape.
Remain aware of secondary hazards that may catch fire or explode during a drone attack.	Don't hide near oxygen cylinders, which may explode following an impact nearby or in a fire.
Try to ensure that there are at least two exits from any place of shelter.	Don't stay in or use the upper floors of a building that might be targeted.
Put in place the highest possible safety measures for patients, if possible, housing them in rooms that provide two-wall protection from the outside, and avoid places that might cause secondary hazards for health services personnel.	Don't provide health services in exposed locations and do everything possible not to abandon patients during a drone attack.

[Click here for the full report](#)

[Click here for *Outside When a Drone is Spotted* guidance](#)

[Click here for *Response During a Drone Attack* guidance](#)

Further Resources



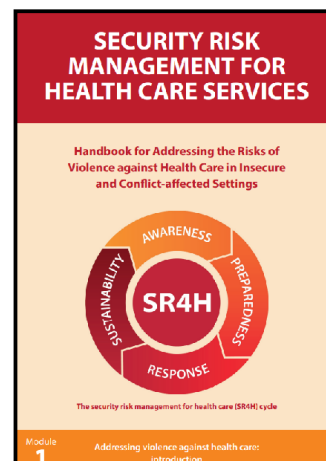
Safeguarding Health in Conflict Coalition 2023 Factsheet (EN)



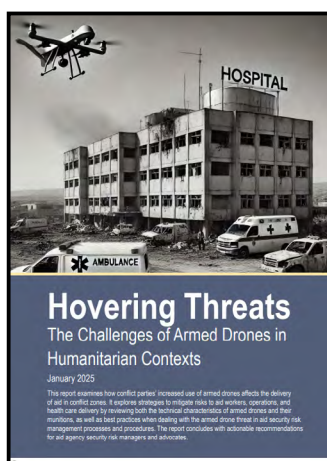
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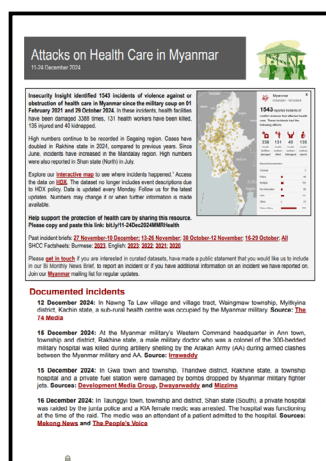
Security Risk Management for Health Care Services Handbook



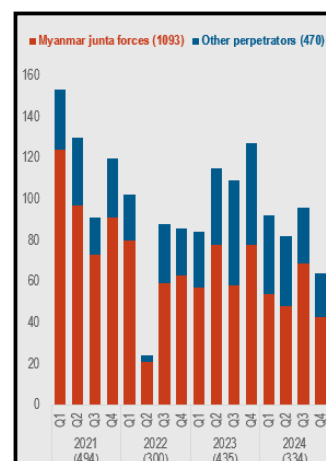
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Attacks on Health Care in Myanmar Incident Brief (bi-monthly)



Attacks on Health Care in Myanmar Incident Data (weekly)



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This document is published by Insecurity Insight. It is funded and supported by the Foreign, Commonwealth and Development Office (FCDO) of the UK government through the RIAH project at the Humanitarian and Conflict Response Institute at the University of Manchester and the H2H Fund which is supported by aid from the UK government. The opinions expressed in it do not reflect in any way the position of the H2H Network or the UK government who are not responsible for the content expressed in this document.

Suggested citation: Insecurity Insight. 2025. Practical Guidance: Personal Safety: Inside a Building During a Drone Attack February 2025. Switzerland: Insecurity Insight. <https://bit.ly/SRMDronesMMRInside>