

Attacks on Health Care in Myanmar

21 January - 03 February 2026



Insecurity Insight identified at least 1853 incidents of violence against or obstruction of health care in Myanmar since the military coup on 01 February 2021 and 23 December 2025. Health facilities were reportedly damaged or destroyed 460 times, 163 health workers were killed and 906 arrested. These attacks on health care severely undermined the provision of medical services, forcing facilities to close or scale back operations and endangering patients' lives. Violence, aerial and drone strikes, and restrictions on medical supplies disrupted care delivery, causing long-term damage to health systems and the wellbeing of affected populations. 70% of these 1853 incidents were attributed to the Myanmar Armed Forces (MAF).

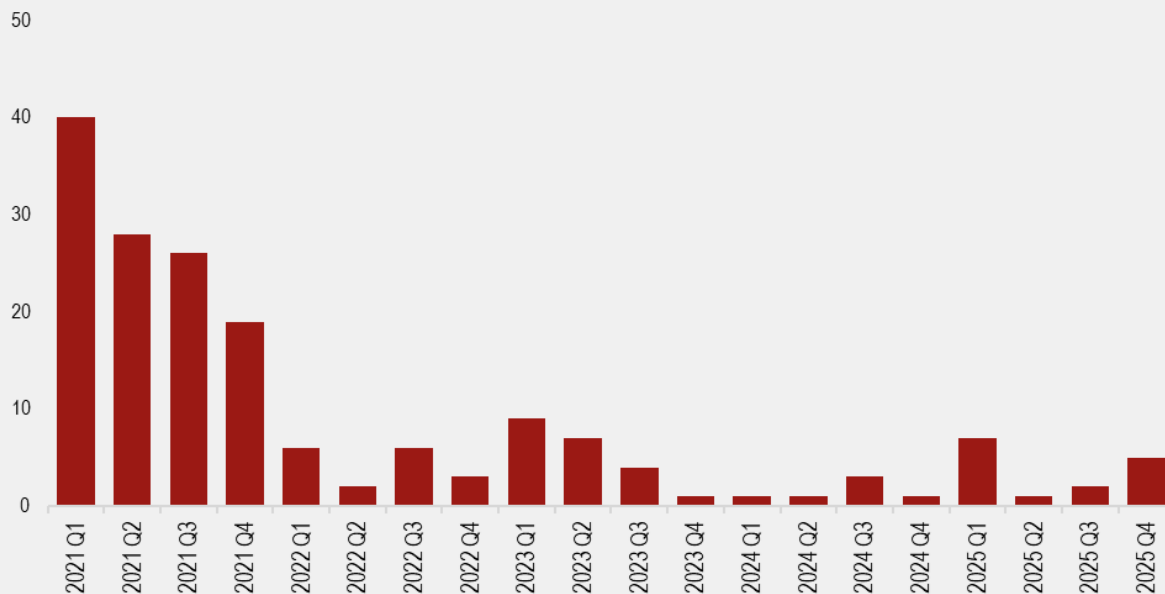
During 2025, incidents increased in Yangon region compared to previous years, following an initial spike observed in the early post-coup period. Health workers, particularly those linked to the Civil Disobedience Movement (CDM) or expressing political criticism, were arrested, including for social media activity. Private and NGO health facilities were repeatedly impacted through temporary shutdowns, sealing orders, and looting, often on accusations of CDM affiliation, support to PDFs, or regulatory violations. February 2025 marked a peak in forced closures of private health facilities, while incidents of vandalism, medicines seizures, and damage to ambulances highlighted growing insecurity. By late 2025, these incidents intensified further constricting space for health care provision in Yangon region.

Please [get in touch](#) for data enquiries .View the incidents on our [interactive map](#). Numbers may change if or when further information is made available.

Reported Attacks on Health Care in Yangon region, Myanmar

01 February 2021 - 29 December 2025

During 2025, incidents in Yangon region increased compared to previous years, following an initial spike in the early post-coup period, with health workers, especially those linked to the Civil Disobedience Movement or expressing political criticism, arrested, including for social media activity.



Source: Insecurity Insight

Past briefs: [07-20 January](#); [24 December 2025-06 January](#); [10-23 December](#); [26 November-09 December](#); [12-25 November](#); [29 October-11 November](#); [15-28 October](#); [01-14 October](#); [17-30 September](#); [03-16 September](#); [All](#)

SHCC Factsheets: Burmese: [2024](#); [2023](#). English: [2024](#); [2023](#); [2022](#); [2021](#); [2020](#)

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Documented incidents

The publicly reported incidents below are not a complete nor a representative list of all incidents that affected the provision of health care between 21 January - 03 February 2026. The incidents below have not been verified through ground investigations. There is a delay in reporting incidents due to our open source verification protocol.

21 January 2026: In Man He village and village tract, Indaw township, Katha district, Sagaing region, a rural health centre and two houses were damaged by two bombs dropped by a Myanmar military aircraft. The health facility was not functioning at the time of the attack, but used as an office by PDF. **Sources:** [Kachinwaves](#) and [Khit Thit Media](#)

As reported on 24 January 2026: In Mogoke town and township, Thabeikkyin district, Mandalay region, a township hospital was found damaged after the town had been reseeded by the Myanmar military. During the time the town was under the control of the allied group of an ethnic armed group "Ta'ang National Liberation Army and PDF, these armed groups occupied the hospital. **Source:** [Eleven Media Group](#)

26 January 2026: In Ton Pay village, Kone Ma Na village tract, Mohnyin township, Mohnyin district, Kachin state, a makeshift hospital was destroyed by bombs dropped by a Myanmar military fighter jet. This is the second-time attack on this hospital. **Sources:** [Facebook](#), [Kachinwaves](#), [Khit Thit Media](#), and [People's Spring](#)

26 January 2026: In Chaung Wa village and village tract, Mohnyin township, Mohnyin district, Kachin state, a CDM-operated station hospital was damaged by a Myanmar military kamikaze drone strike. The operation theatre building and equipment were damaged. A female patient died from shock from the explosion. **Sources:** [Kachinwaves](#), [Khit Thit Media](#), [People's Spring](#), [The 74 Media](#), and [The Voice of Shan-Ni](#)

01 February 2026: In Ye-U town, township, and district, Sagaing region, a traditional medicine hospital occupied by the Myanmar military was attacked three times with drop-bombs dropped from armed drones by the local resistance forces. **Source:** [Khit Thit Media](#)

Other resources

Explosive weapons are being increasingly used in conflict, causing severe harm to civilians and critical health infrastructure. Insecurity Insight has documented 3,075 incidents in which hospitals, clinics, and pharmacies were damaged or destroyed by explosive weapons between 1 January 2016 and 4 November 2025. This **report** examines cases of hospital attacks in Gaza, Myanmar, Sudan, and Ukraine between October 2024 and October 2025, analysing social media posts and comments and how these discussions contributed to harmful content that helped to undermine the humanitarian space. **In Myanmar, where health care in opposition-held areas is often provided in makeshift structures, social media users questioned whether the damaged structure could legitimately be regarded as a hospital, thereby casting doubt on the fact that a functioning medical facility had been hit.** Numerous comments portrayed hospitals as rebel bases, cited their co-location with the presence of armed groups, or implied that informants from among the local community had provided information to the military that allowed the hospitals to be so accurately targeted, and in doing so shifted blame away from attackers and undermined the perception of hospitals as protected civilian spaces.



Public digital narratives about humanitarian operations shape access, safety, and legitimacy for aid agencies and their partners in Myanmar. *Learning from Social Media Narratives in Myanmar* **explores** the implications of online narratives for communication strategies, policy decisions, and accountability to aid beneficiaries in one of the world's most restrictive and polarised digital environments. Drawing on seven months of public social media monitoring, the report highlights how narratives around aid delivery, health care, displacement, and access blockades intersect with conflict dynamics. The findings are designed to offer contextualised, actionable insights for humanitarian actors seeking to safeguard the principles of neutrality, independence and impartiality while navigating Myanmar's contested information space.



Monitoring briefs: “Let The World Know”; “We Haven’t Received A Single Bottle Of Water”; “Is This Another Propaganda Campaign”; “Myanmar’s People Are Bombed”; “The UN Shouldn’t Even Exist Anymore”

This document comprises threats and violence as well as protests and other events affecting the delivery of and access to health care It is part of the **Attacks on Health Care** project by Insecurity Insight. It is prepared from information available in local, national and international news outlets and online databases. The incidents reported are not a complete nor a representative list of all events that affected the provision of health care and have not been independently verified. It is supported by the Foreign, Commonwealth and Development Office (FCDO) of the UK government through the RIAH project at the Humanitarian and Conflict Response Institute at the University of Manchester and the Tides Foundation. The opinions expressed in it do not reflect in any way the position of the H2H Network, the UK government or the Tides Foundation who are not responsible for the content expressed in this document.

Get in touch if you are interested in curated datasets, have made a public statement that you would like us to include in our Bi Monthly News Brief, to report an incident or if you have additional information on an incident we have reported on. Join our **Myanmar** mailing list for regular updates.

Insecurity Insight. 2026. 21 January-03 February 2026, Attacks on Health Care in Myanmar. Switzerland: Insecurity Insight. <https://bit.ly/21Jan-03Feb2026MMRHealth>

